

★ FRANKIE & LOLA'S ★

♥ BREAKFAST

» Served daily until 1130 «

♥ BLOOMER TOAST ... £2.35

Two slices served with either butter/jam or Bonne Maman honey

♥ FILLED MORNING ROLLS

★★★ Choose your filling ★★★

♥ BACON ... £2.95

♥ BLACKPUDDING ... £2.95

Award winning Stornaway Black pudding

LOCAL ♥ PORK LINK SAUSAGE ... £2.95

local pork from Munro's of Dingwall - (Df)

♥ ^{vegie} FREE RANGE EGG ... £2.85

VEGAN ♥ VEGAN SAUSAGE ... £3.35

(Df)

Extra filling £1 *Gluten free roll* add on 70p

Made Here ♥ HOME MADE BELGIAN WAFFLES

» Delicious home made waffles «

♥ LARGE WAFFLE SERVED WITH A DUSTING OF ICING SUGAR ... £2.75

* Add maple syrup £3.50

Add melted Belgian chocolate £3.75

Add Extra waffle £1.50 *

♥ LUNCH

» Served daily from 1115 «

HOMEMADE SOUP OF THE DAY ... £3.95

Served with roll & butter

TOASTED CIABATTAS - BLOOMER SANDWICHES - WRAPS

.....
All served with house-dressed salad garnish, home made coleslaw & hand cooked crisps
.....

» Choose from «

RUSTIC CIABATTA * BLOOMER BREAD * FLOURED WRAP * GLUTEN FREE WRAP *

♥ PIRI PIRI CHICKEN & SCOTTISH CHEDDAR ... £6.45

(Df) Omit cheddar

♥ SCOTTISH CHEDDAR & HONEY ROAST HAM ... £5.85

GF if served with GF wrap

♥ BACON, BRIE & SHAW'S SWEET CHILLI JAM ... £6.45

GF if served with GF wrap

♥ ^{vegie} BRIE & SHAW'S SWEET CHILLI JAM ... £5.95

GF if served with GF wrap

♥ ^{vegie} TUNA MELT ... £6.45

Tuna with melted cheese . (ciabatta & wrap only) GF if served with GF wrap

^{vegie} MOZZARELLA, TOMATO AND GREEN PESTO ... £5.95

GF if served with GF wrap

♥ SWEET CHILLI CHICKEN WITH GRATED CHEESE ... £6.45

GF if served with GF wrap

* (Df) - omit cheddar *

♥ BLACKPUDDING, GRATED CHEESE & MANGO CHUTNEY ... £6.45

Award winning Stornaway black pudding

* Wraps/ciabattas only. (Df) omit cheddar *

VEGAN HOME ROASTED VEGETABLES WITH HUMMUS ... £5.95

* GF if served with GF wrap (Df) *

Gluten Free wrap 50p extra

Last orders 5pm ^{vegie} Vegetarian ^{vegan} Vegan GF Gluten free ^{Df} Dairy Free